

# Who Is the Holy Spirit?

OCTOBER 4, 2026

**STUDY TEXT: JOHN 14:16–26; ACTS 2:1–4**

Discuss the following BIG IDEAs and how to apply them to life. Use the questions to spark discussion.

## **BIG IDEA 1:** The Holy Spirit Is God and Has Been Present and Active From the Beginning of Creation (Genesis 1:1–2; Psalm 139:7–10)

**Live It Out:** Recognize and reflect on who the Holy Spirit truly is.

- *Why is it important that the Holy Spirit is part of the Trinity and not separate from God?*
- *What difference does it make that the same Spirit present at Creation is still at work today?*

**Live It Out:** Reflect on the reality of the Holy Spirit's constant presence.

- *What does Psalm 139 teach us about the Holy Spirit's presence in every part of our lives?*
- *In what ways can remembering God's constant presence bring both comfort and conviction?*

## **BIG IDEA 2:** The Holy Spirit Dwells in Every Believer (John 14:16–17; Acts 2:1–4; 1 Corinthians 6:19)

**Live It Out:** Consider what changed when the Holy Spirit was given to all believers at Pentecost.

- *Why is it significant that the Holy Spirit now dwells in every believer, not just a select few?*
- *What does this change reveal about God's desire for a personal relationship with us?*

**Live It Out:** Reflect on what it means that the Holy Spirit lives within every believer.

- *How does knowing that the Holy Spirit lives within you affect how you view your daily life?*
- *In what ways could remembering the Holy Spirit's presence shape your choices or priorities this week?*

## **BIG IDEA 3:** The Holy Spirit Helps Us Know and Follow Jesus (John 14:26; 15:26)

**Live It Out:** Pay attention to how the Holy Spirit helps you know and understand Jesus.

- *What are some ways the Holy Spirit helps us better understand God's truth?*
- *How can we become more receptive to the Spirit's work in helping us know Jesus?*

**Live It Out:** Respond to the Holy Spirit's work in your life this week.

- *How have you seen the fruit of the Spirit growing in your life over time?*
- *How has the Holy Spirit been working in your life recently to make you more like Jesus?*

## WORK TOGETHER TO MEMORIZE THE FAMILY SCRIPTURE OF THE MONTH

### Colossians 2:6-7

#### Build a Foundation

Discussion questions for elementary age students.

1. *What are some ways the Holy Spirit helps you?*
2. *What would you tell a friend who asked, "Who is the Holy Spirit?"*
3. *Have you ever felt the Holy Spirit nudging you to do something? How did you respond?*

#### Everyday Extras

Fill an empty plastic water bottle with vinegar. Add a few teaspoons of baking soda into the balloon. Stretch the balloon's neck with your fingers or use a funnel to get the baking soda in the balloon. Place the opening of the balloon over the top of the water bottle filled with vinegar. (Don't pour the baking soda in yet.) Once the balloon is securely attached, pick the balloon up and dump in the baking soda, making sure all of it falls in the bottle. Watch what happens to the balloon. Explain that a chemical reaction released carbon dioxide to cause the balloon to change and explode. Discuss how as believers, we have the Holy Spirit in us, and He changes us.

#### Stand Strong

##### *Why is the Holy Spirit important for believers?*

The Holy Spirit is God's presence living within every believer. He teaches us truth, guides our decisions, and helps us grow to be more like Jesus. He also gives us strength to obey God and live out our faith each day. Without the Holy Spirit, we would not be able to live the Christian life as God intends.

Scripture: John 14:26; Galatians 5:22-23

#### Preschool Highlights

Today your child learned Jesus teaches us to be loving toward others. We show love through our words and actions, and Jesus is our best example of how to love. When we read the Bible, come to church, and talk to Jesus, we learn about His love for us and how we are to love others. Your child began learning the Heartprint: **I Can Learn From Jesus** and he or she learned to love others like He does.



Parents may sometimes feel inadequate or unsure of how to lead their children spiritually, but they are not alone. As parents spend time in God's Word and rely on the Spirit's help, they can trust the Holy Spirit to give them wisdom, understanding, and the words to share truth with their children. Discipleship in the home is not about having all the answers, but about faithfully depending on the Holy Spirit and pointing the next generation to Christ.